

# hsm

HEIGHT SAFETY MANAGEMENT

TRAINING AND  
CONSULTING



AUSTRALIA  
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10 EAGLE STREET,  
BRISBANE, QLD 4000



NATIONALLY RECOGNISED  
TRAINING

IN PARTNERSHIP WITH  
HANDA TRAINING SOLUTIONS  
RTO NO. 60061

# AVAILABLE COURSES

HSM organise and deliver training  
IN ALL AREAS OF ACCESS

## WORK SAFELY AT HEIGHTS REFRESHER WEB BASED TRAINING

Course ID: MNMG2378 Safe Work At Heights

### Who should attend:

This course is designed for persons who are required to work or organise work at heights and incorporates theoretical and practical applications.

### Course Content:

Course introduction and enrolment.  
Definitions of working at height.  
Relevant legislation.  
Case studies of unsafe work at height analyzed.  
Your sites specific height work tasks analyzed.  
Risk assessment and hazard control.  
How to select the correct equipment.  
How to inspect equipment for condition/safety.  
Introduction to fall protection equipment use inc.  
Harnesses, belts, anchor points and your own equipment.  
Fall arrest devices explained.  
Working with ladders and roofs.  
How to inspect equipment for damage/suitability.  
Unsuitable equipment is displayed and analyzed.  
Correct documentation is given and completed correctly.  
Practical exercise performed.

### Assessment:

Theoretical Web based assessment + Practical Component

### Course Logistics:

When: As required  
Where: Online and in the Workplace  
Duration: 1 Day  
Class Size: 1 to 1000  
Cost: TBA

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# AVAILABLE COURSES

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## WORK SAFETY AT HEIGHTS BASIC APPLICATIONS

Course ID: BCPRF2001A Work safely on roofs

### Who should attend:

This course is designed for persons who are required to work or organise work at heights and incorporates theoretical and practical applications.

### Course Content:

Course introduction and enrolment.  
Definitions of working at height.  
Relevant legislation.  
Case studies of unsafe work at height analyzed.  
Your sites specific height work tasks analyzed.  
Risk assessment and hazard control.  
How to select the correct equipment.  
How to inspect equipment for condition/safety.  
Introduction to fall protection equipment use inc.  
Harnesses, belts, anchor points and your own equipment.  
Fall arrest devices explained.  
Working with ladders and roofs.  
How to inspect equipment for damage/suitability.  
Unsuitable equipment is displayed and analyzed.  
Correct documentation is given and completed correctly.  
Practical exercise performed.

### Assessment:

Practical and theoretical and application based assessments

### Course Logistics:

When: As required  
Where: On Site  
Duration: 1 Day  
Class Size: Up to 15 People  
Cost: TBA

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# AVAILABLE COURSES

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## SAFE WORKING AT HEIGHT INCORPORATING BASIC VERTICAL RESCUE

Course ID: MNMG2378 Safe Work At Heights

### Who should attend:

This course is designed for persons who are required to work or organize work at heights and incorporates theoretical and practical applications and performing basic vertical rescue techniques from roofs and towers.

### Course content:

Course introduction and enrolment.  
Definitions of working at height.  
Relevant legislation.  
Case studies of unsafe work at height analyzed.  
Your sites specific height work tasks analyzed.  
Risk assessment and hazard control.  
How to select the correct equipment.  
How to inspect equipment for condition/safety.  
Introduction to fall protection equipment use inc.  
Harnesses, belts, anchor points and your own equipment.  
Fall arrest devices and rescue equipment identified.  
Working with ladders and roofs.  
How to inspect equipment for damage/suitability.  
Unsuitable equipment is displayed and analyzed.  
Correct documentation is given and completed correctly.  
Practical rescue exercises performed in varying locations.

### Assessment:

Practical and theoretical and application based assessments

### Course Logistics:

When: As required  
Where: On Site  
Duration: 2 Day  
Class Size: Up to 8 People  
Cost: TBA

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## WORK SAFELY AT HEIGHTS 2 DAY RESTRAINED WORK POSITIONING SYSTEMS AND APPLICATIONS

Course ID: MNMG2378 Safe Work At Heights

### Who should attend:

This course is designed for persons who are required to work or organize work at heights and incorporates theoretical and practical applications with practical applications specifically designed for roof based workers includes accessing and performing various tasks on roofs and other areas at height.

### Course content:

Course introduction and enrolment.  
Definitions of working at height.  
Relevant legislation.  
Case studies of unsafe work at height analyzed.  
Your sites specific height work tasks analyzed.  
Risk assessment and hazard control.  
How to select the correct equipment.  
How to inspect equipment for condition/safety.  
Introduction to fall protection equipment use inc.  
Harnesses, belts, anchor points and your own equipment.  
Fall restraint system deployed and maintained on roof spaces.  
Working with ladders and roofs.  
How to inspect equipment for damage/suitability.  
Unsuitable equipment is displayed and analyzed.  
Correct documentation is given and completed correctly.  
Practical exercise performed.

### Assessment:

Practical roof access tasks and theoretical assessments.

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### Course Logistics:

When: As required  
Where: On Site  
Duration: 2 Day  
Class Size: Up to 8 People  
Cost: TBA

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## UNDERTAKE VERTICAL RESCUE

Course ID: PUASAR004A Undertake vertical rescue

### Who should attend:

This course would suit people who wish to have the necessary skills to undertake the rescue of others who work at height. The successful attendee will be competent to initiate site emergency response plans, select appropriate equipment and undertake vertical rescue operations as part of an on site emergency response team.

Talk to us about customizing this course for your unique situation.

### Course content:

Course introduction and enrolment.  
Understanding the definition of working at height.  
Relevant legislation explained.  
Case studies of unsafe work at heights analyzed.  
Your site's specific height work tasks analyzed.  
Rescue considerations. Roles and responsibilities.  
Notification of emergency services.  
Risk assessment and hazard control.  
Calculating fall clearance.  
High angle rescue, use of ropes and braking methods.  
Rappelling and Belay techniques.  
How to select the correct equipment.  
How to inspect equipment for condition/safety/suitability.  
Introduction to the use of all appropriate -  
fall protective devices including;  
Harnesses, belts, anchor points, Davit arms,  
Tripods, insertion/recovery equipment.  
Unconscious casualty treatment.  
Practical exercises performed of vertical rescue situations.

### Assessment:

Practical and theoretical and application based assessments

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### Course Logistics

When: As required

Where: On site

Duration: 3 Days pr (2 days with HSMSWH)

Class Size: Up to 8 people

Cost pricing on application

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## CONFINED SPACE OPERATIONS

Course ID: PMAPER200C work in accordance with an issued permit- PMAPER205B Enter confined space

### Who should attend:

Any person that is required to safely enter and work in a confined space. This course is popular with both industry and government sector because of our balance of practical sessions and classroom based theory.

This training format is both safe and well received by our participants. Talk to us about customizing this course to suit your unique circumstances.

### Course content:

Course introduction and enrolment.  
Definitions and how to identify a confined space as per AS/NZS2865– 2001.  
Relevant legislation explained.  
Case studies of unsafe confined space entry.  
Role and responsibilities of key personnel.  
Risk assessments and hazard control.  
Permits to work and other entry procedures.  
Gas awareness and atmospheric monitoring.  
Ventilation and cleaning methods.  
Isolation and tag out methods.  
Breathing apparatus use (If applicable).  
Introduction to fall protective equipment.  
Practical exercise of entry to a confined space.

### Assessment:

Practical and theoretical and application based assessments

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### Course Logistics

When: As required  
Where: On site  
Duration: 1 Day  
Class Size: Up to 15 people  
Cost: TBA

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## UNDERTAKE RESCUE FROM A CONFINED SPACE

Course ID: PUASAR005A Undertake confined space rescue

### Who should attend:

People who are required to safely enter and either work or undertake rescue of other persons from a confined space. Over three days we teach you the skills to become proficient to act in case of an incident at your workplace.

The course is a balance of practical sessions and necessary classroom based theory so it is both safe and well received by our participants. Talk to us about customizing this course to suit your unique circumstances.

### Course content:

Course introduction and enrolment.  
Definitions and how to identify a confined space as per AS/NZS2865 - 2001.  
Relevant legislation explained.  
Case studies of unsafe confined space entry.  
Rescue considerations, roles and responsibilities.  
Establishing a command and control centre.  
Notification of emergency services.  
Risk assessments and hazard control.  
Permits to work and other entry procedures.  
Preserving the accident scene.  
Gas awareness and atmospheric monitoring.  
Ventilation and cleaning methods.  
Isolation and tag out methods.  
Breathing apparatus use  
Safe working at height including,  
Tripods, harnesses, fall arrest and insertion/recovery equipment.  
Fire extinguisher use.  
Search and rescue drills in a confined space.  
Practical exercise for persons to conduct an actual rescue from a confined space.

### Assessment:

Practical and theoretical and application based assessments

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### Course Logistics

When: As required  
Where: On site  
Duration: 3 Days  
Class Size: Up to 8 people  
Cost: pricing on application

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## BREATHING APPARATUS USE

Course ID: PMAOHS216A Operate breathing apparatus

### Who should attend:

If there is a requirement for breathing apparatus to be used in your workplace then this course would suit you. Either the closed or open circuit styles of equipment can be covered depending on your needs.

During this one day course all students will get the chance to wear breathing apparatus.

### Course content:

Course introduction and enrolment.  
When is breathing protection needed.  
Relevant legislation/Australian standards explained.  
Case studies of unsafe breathing apparatus use.  
Human breathing principles.  
Risk assessments and hazard control.  
What type of breathing apparatus do I need?  
Understanding the role and function of key components.  
Calculating cylinder duration.  
Using a BA control board.  
After use care of equipment.  
Practical exercises conducted with breathing apparatus.

### Assessment:

Practical and theoretical and application based assessments

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### Course Logistics:

When: As required  
Where: On site  
Duration: 1 Day  
Class Size: Up to 10 people  
Cost: TBA